
How to Start Your Facial Anti-Aging Program



Whether you're 30 and want to keep wrinkles at bay, or 60 and want to address the effects of time, there is a first visit for every VitalityMDs MedSpa client. Fortunately for everyone on the aging spectrum, **Dorothy Crosley, LE, CMLT** and **Yael Yisrael, CMLT, LE** have you covered starting with a **complimentary 30-minute consultation**.

"The main issues people want addressed are the wrinkles and sagging that come with aging, along with uneven pigmentation that is usually the result of sun damage," said Yael. With two decades of experience under her belt, she

works with many first timers who either have started to notice changes in the mirror or who have a big event coming up for which they want to look their best.

According to Dorothy, who has been in the aesthetics field for 12 years, "Almost universally, people want to slow the aging process and achieve subtle change. During the consultation, we want to know what you find most concerning about your face and we want to learn about your lifestyle. This allows us to educate you on treatment options before working together to create a plan."

The biggest concern most newcomers have is down time, which is why the discussion on lifestyle is so important. For most first-time visitors, the VitalityMDs team will likely suggest starting with a **facial** to get to know your skin and how it reacts. "Most people want to start slow and we are absolutely fine with that," said Dorothy. "Others who are ready to go big – we're fine with that as well!"

One of our greatest strengths is our connection to the medical side of our practice. "Hormones and some conditions can impact the skin and when medical problems arise, our providers can address them appropriately," said Yael. "We're here to educate and to serve and it's a pleasure helping women and men become happier with that face in the mirror."

Schedule a no cost **initial consultation** online or by calling 480.425.8700.



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